



Co-funded by the
Erasmus+ Programme
of the European Union



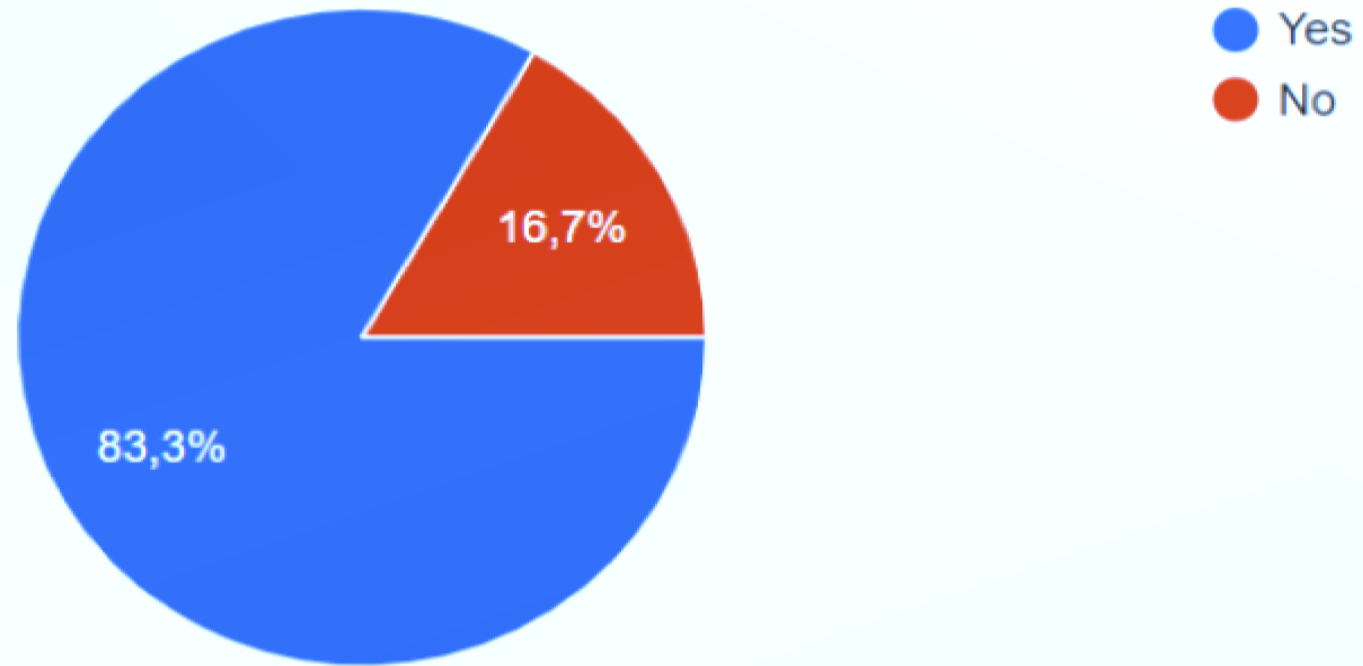
Stredná priemyselná škola stavebná -
Építőipari Szakközépiskola
Konkolyho 8, Hurbanovo

FITTER, HEALTHIER, HAPPIER

SURVEY RESULTS

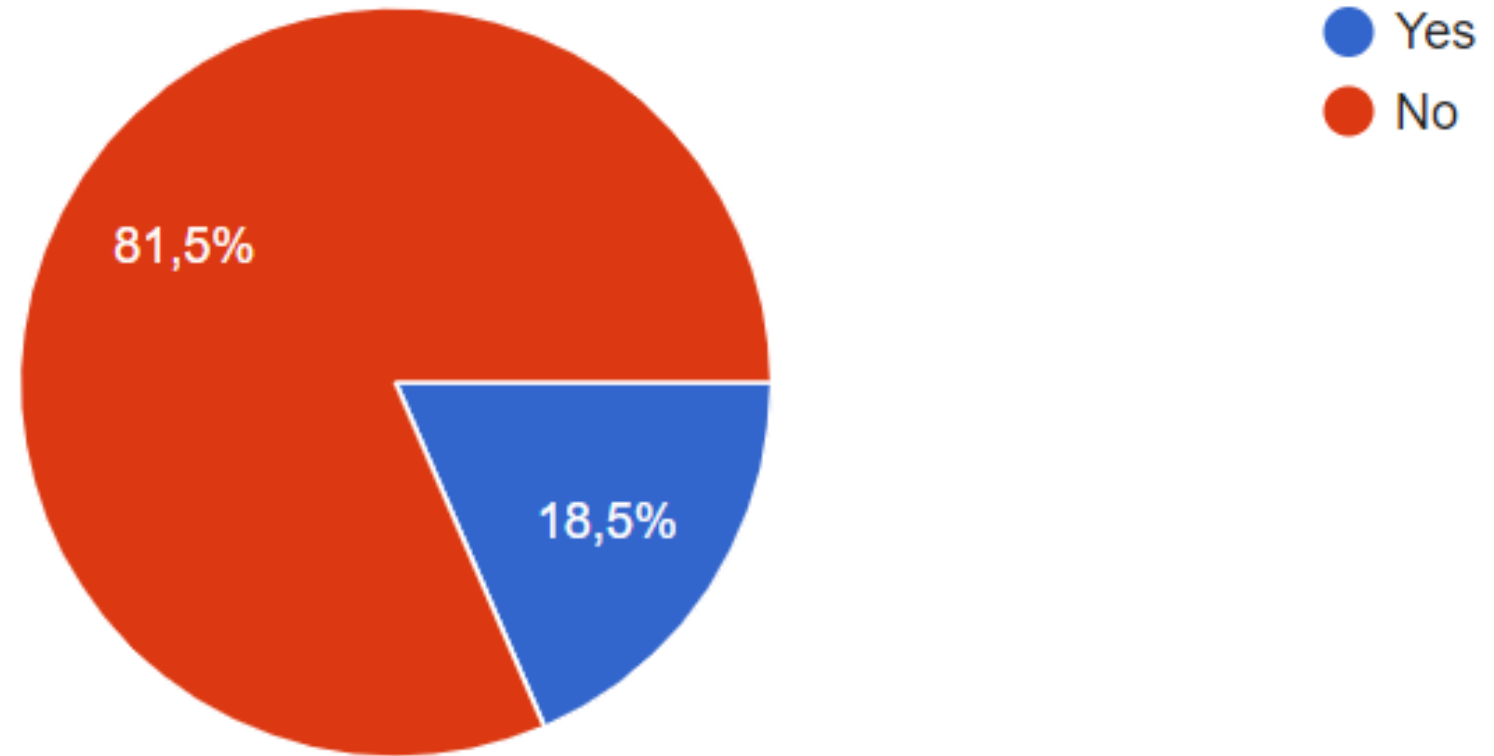
1. Have you heard anything about any European projects before? (Comenius, Lif Learning, Erasmus Plus etc.)

108 odpovedí



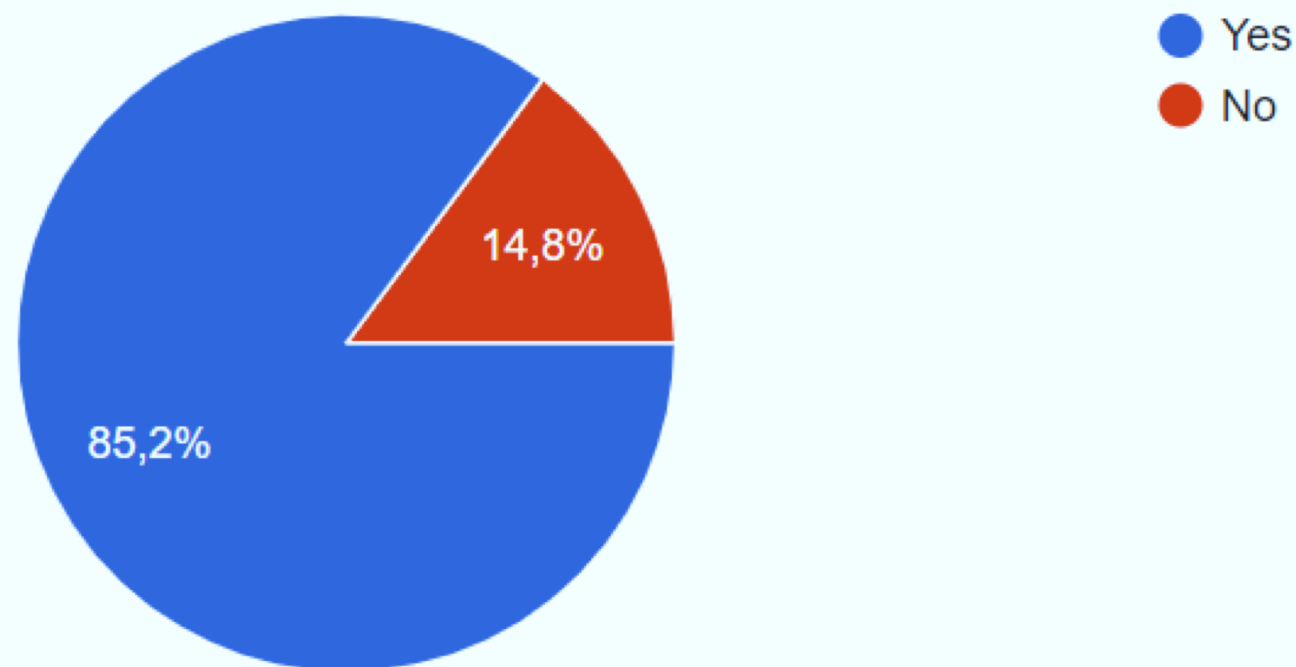
2. Have you taken part in any European project before?

108 odpovedí



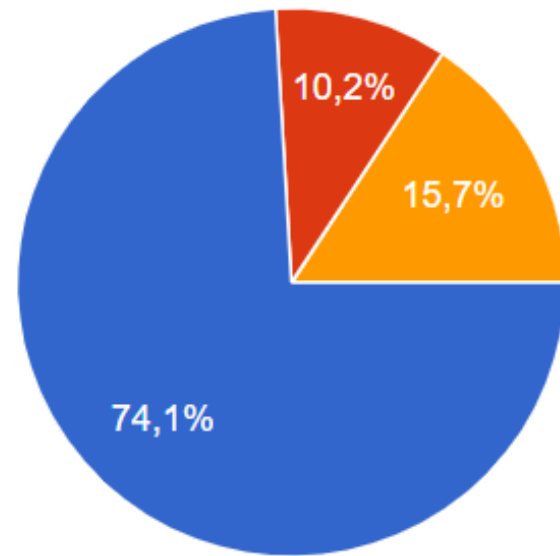
3. Do you know that your school is involved in the Erasmus+ project 'FiTTeR, HeaLTHi HaPPieR'?

108 odpovedí



4. How did you find out about the Erasmus project 'FiTTeR, HeaLTHieR, HaPPieR'?

108 odpovedí

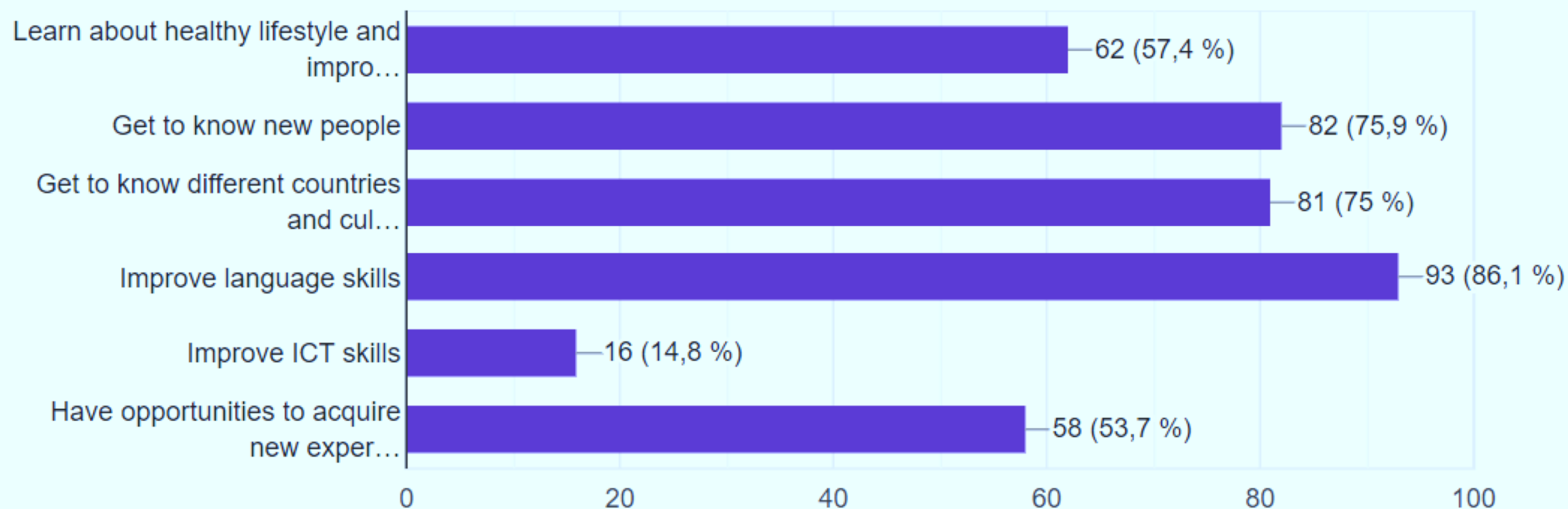


- I have received information from the school project coordinator or from another teacher.
- I have received information from my classmate or my friend.
- I have found information about the project on the Internet, on the school website, on the school Facebook or Instagram page.

5. What do you think you can gain participating in the project? You can choose more than one option.

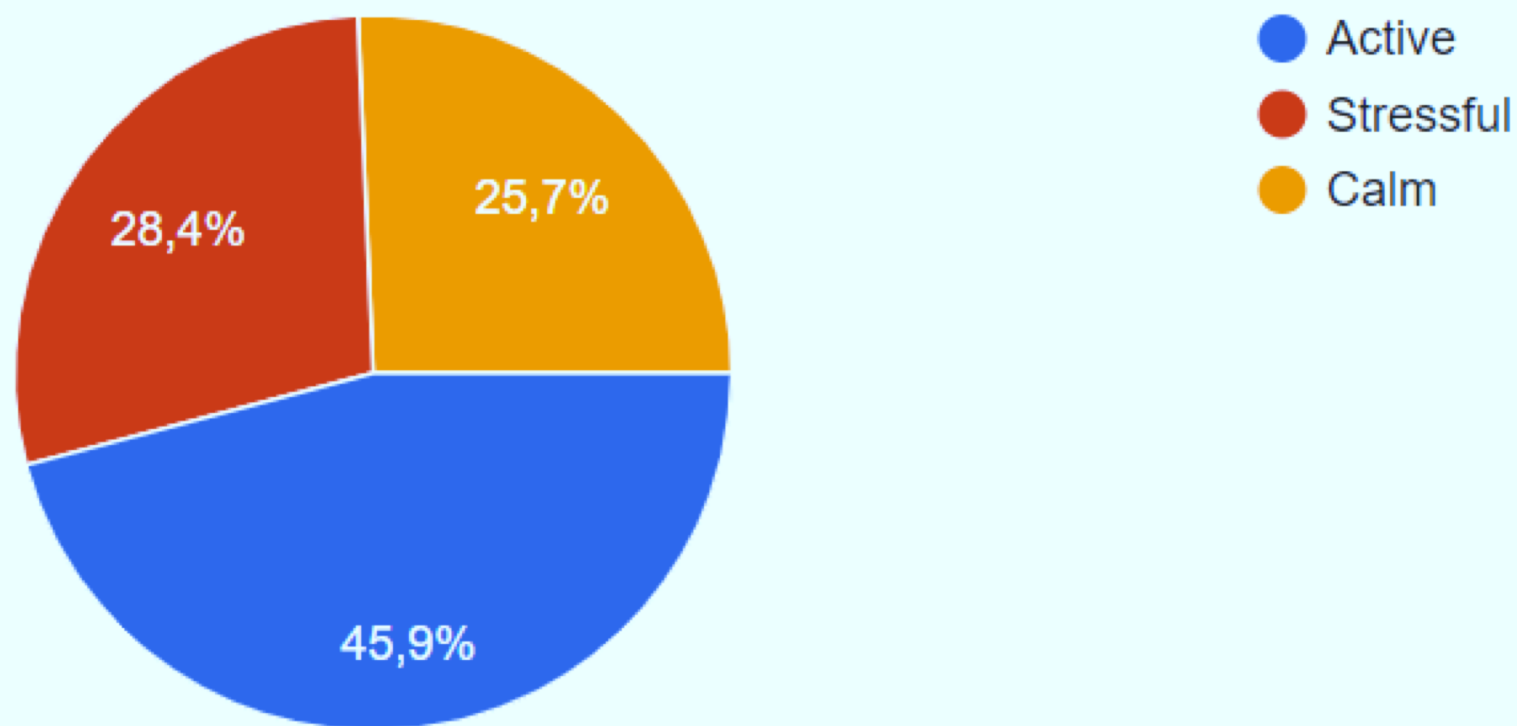


108 odpovedí



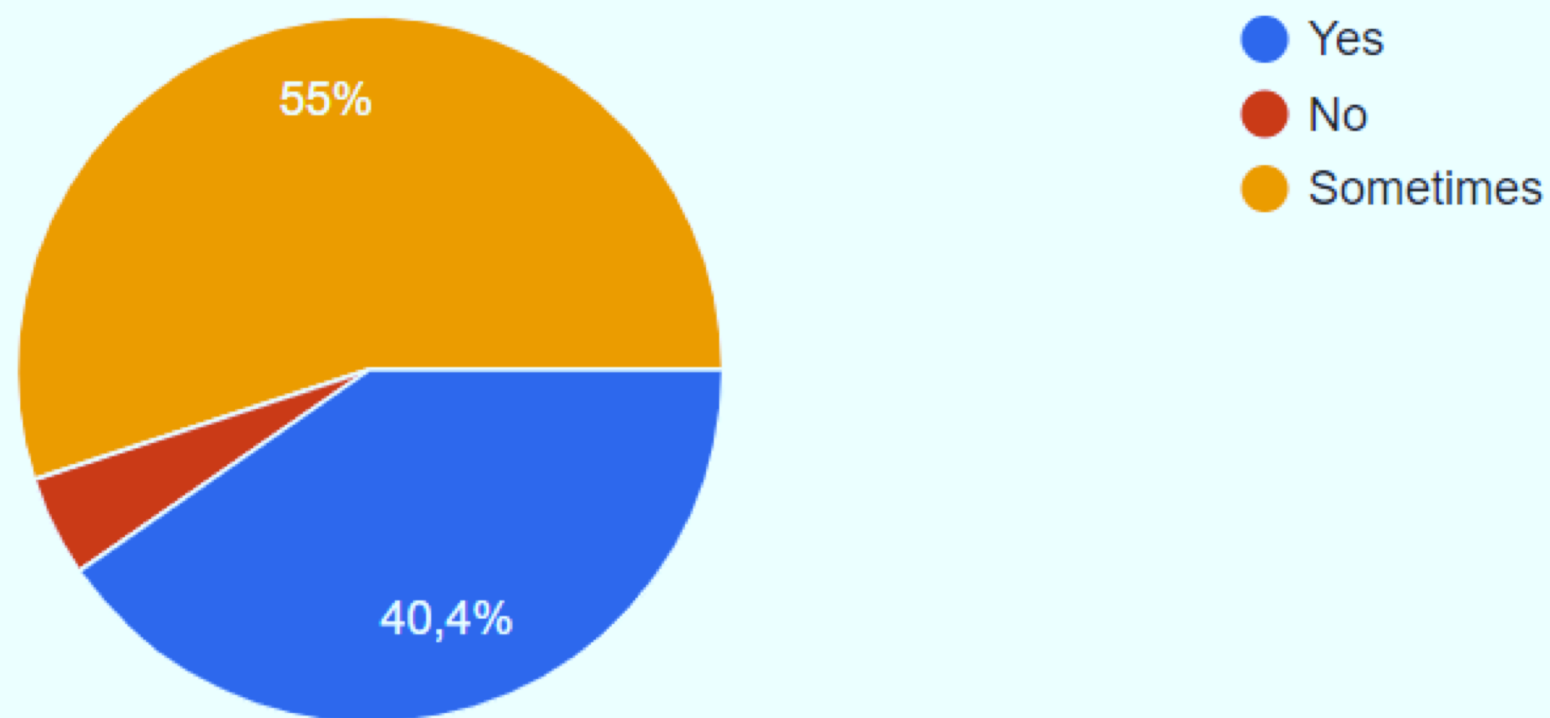
6. Which of the following best describes your lifestyle?

109 odpovedí



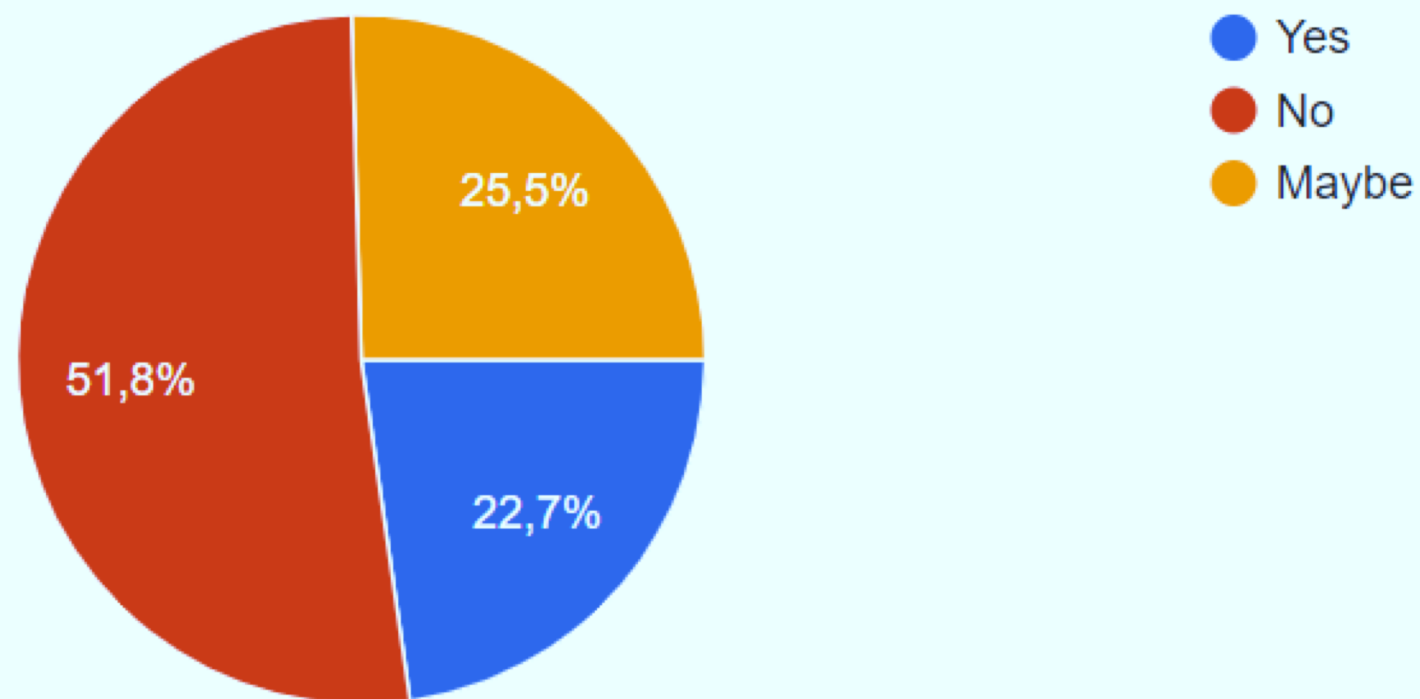
7. Do you believe you can get all the necessary daily nutrients to be healthy?

109 odpovedí



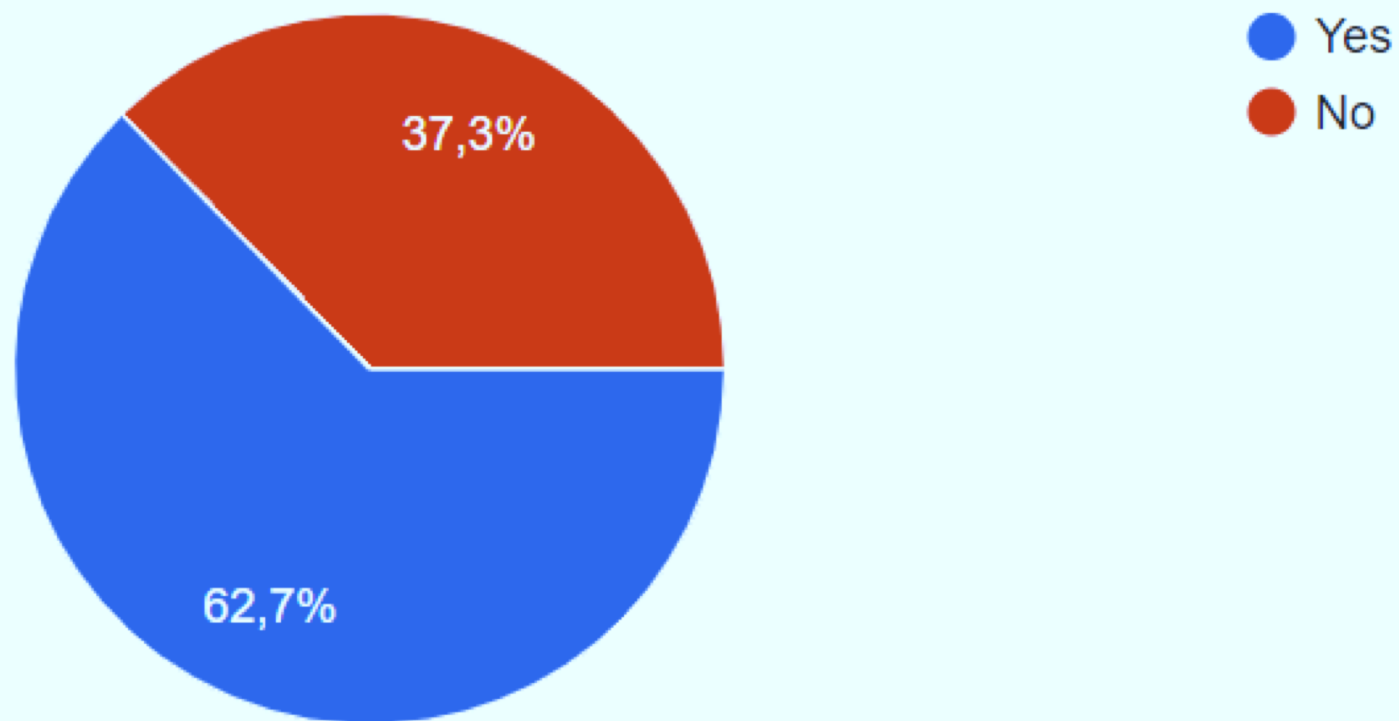
8. Do you need weight control?

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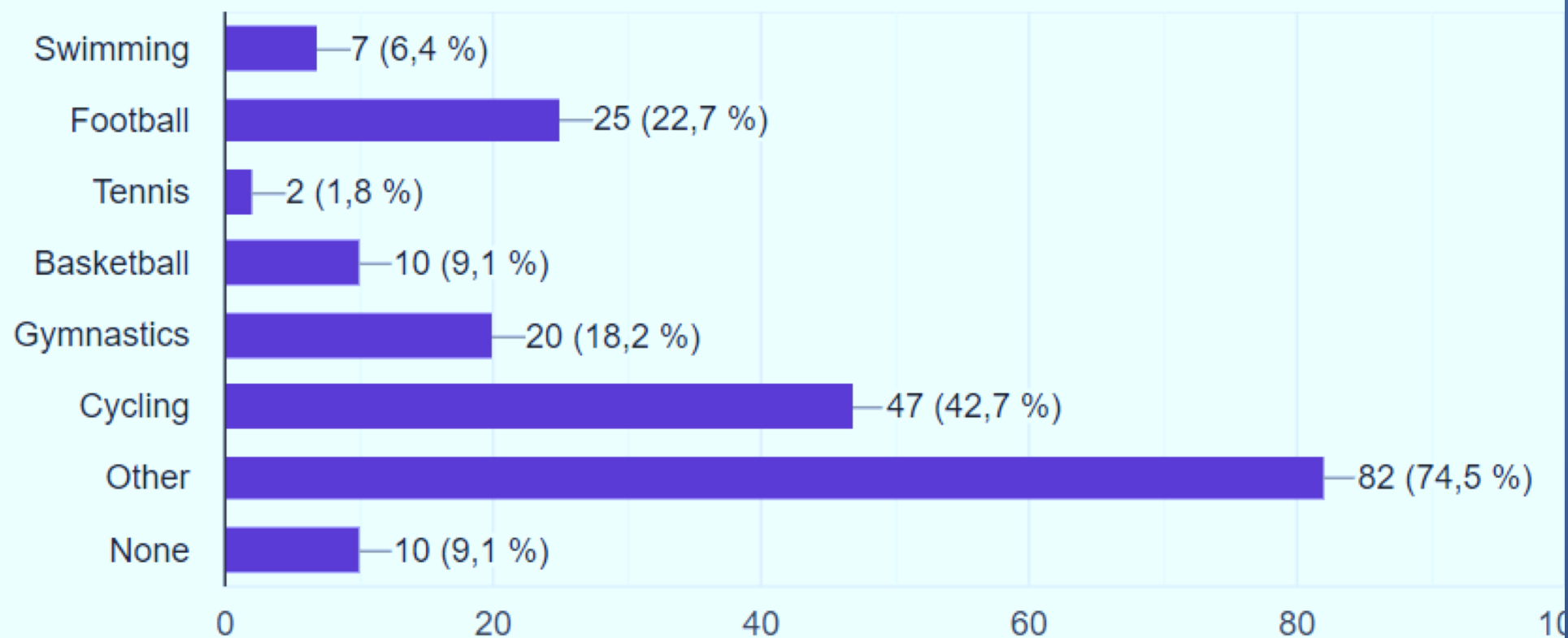
9. Do you do sports activities regularly outside of school?

110 odpovedí



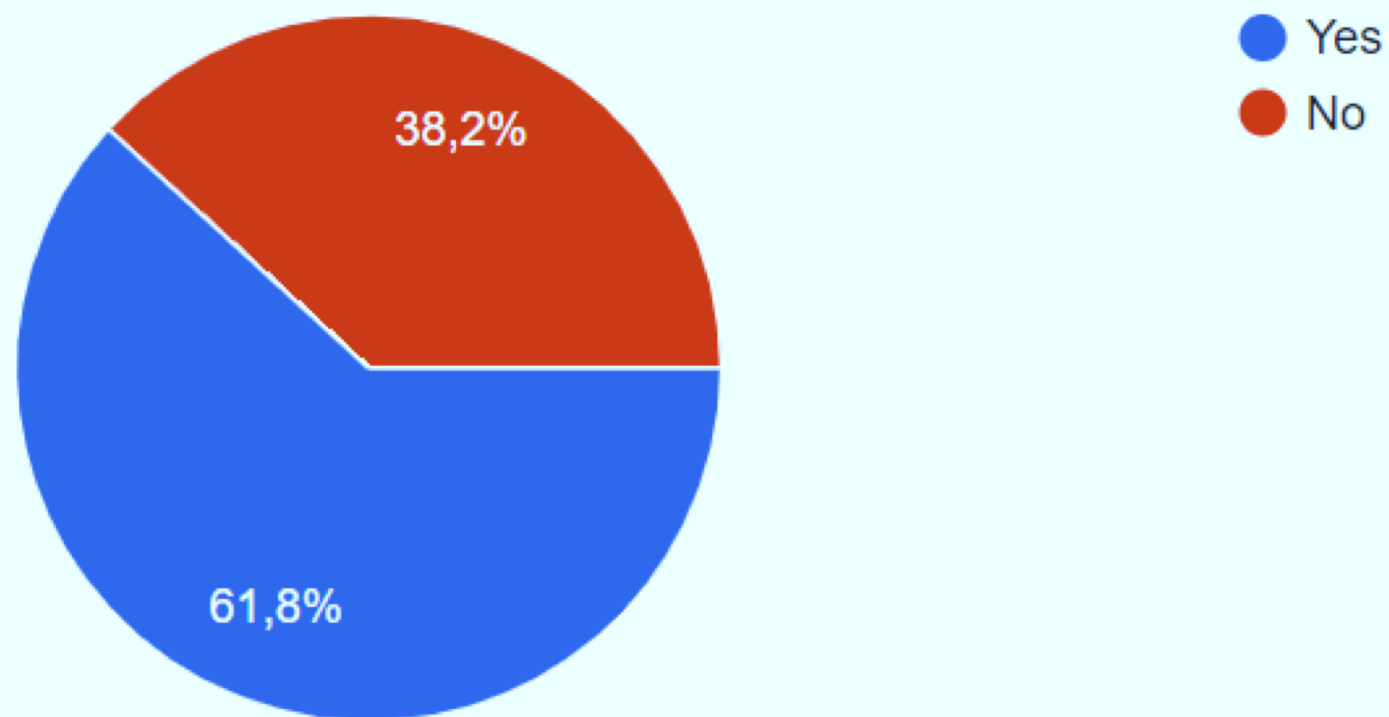
10. Choose the activities you do regularly.

110 odpovědí



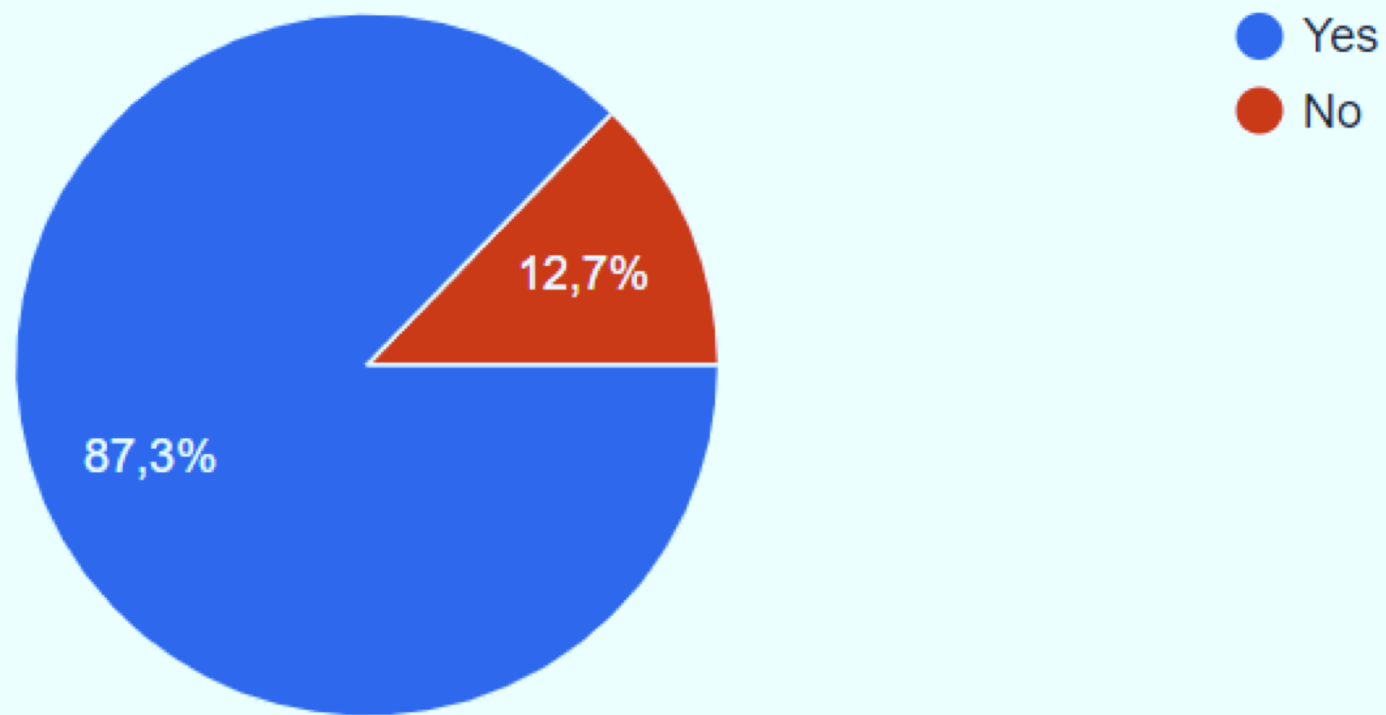
11. Do you have breakfast every morning?

110 odpovedí



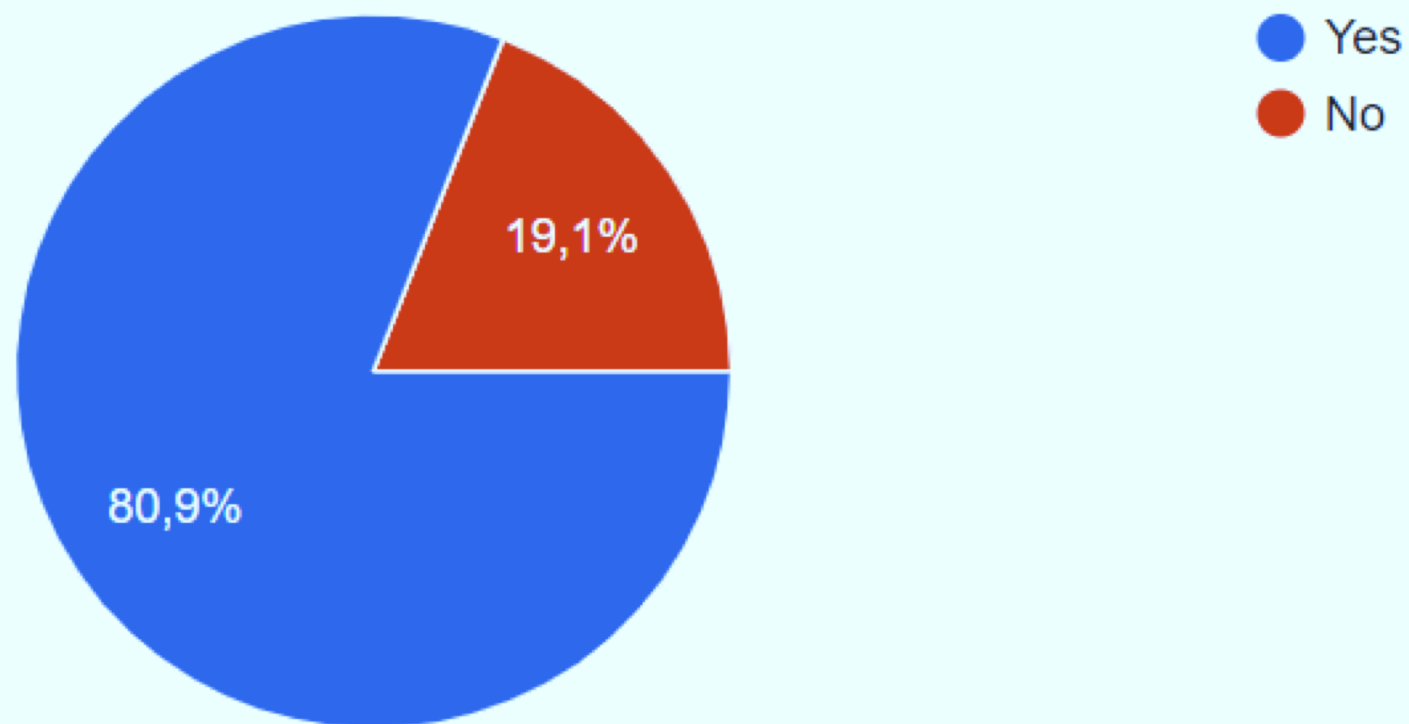
12. Do you eat lunch regularly every day?

110 odpovedí



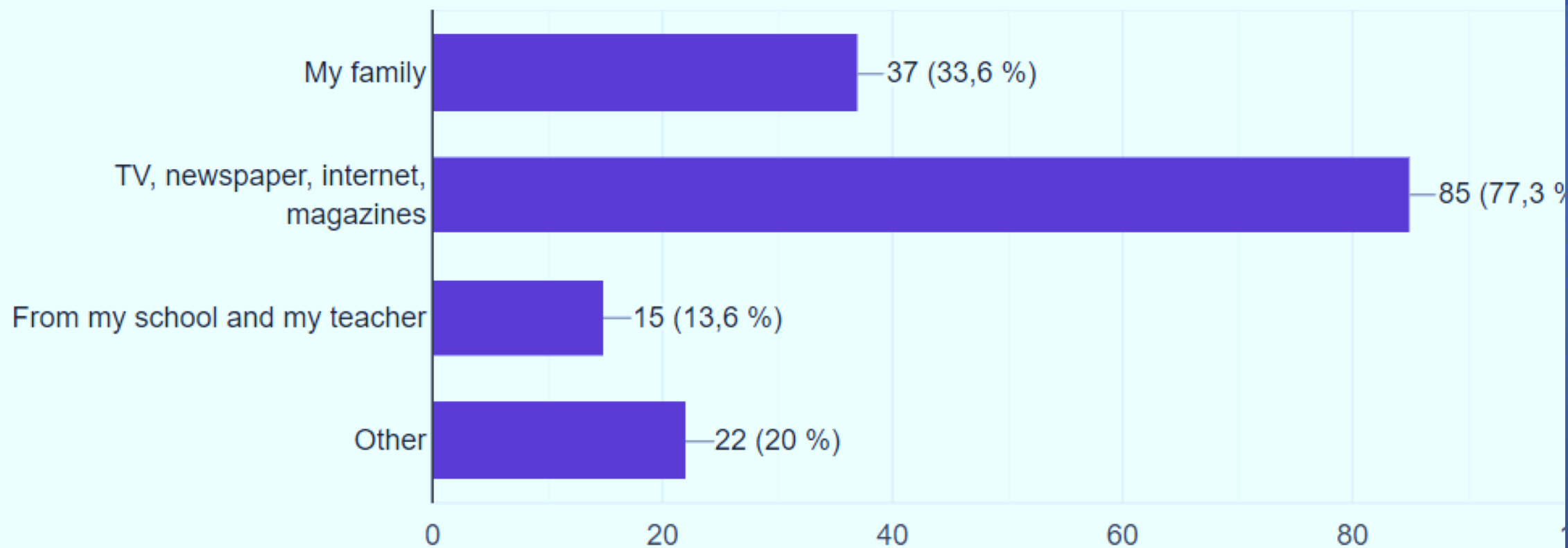
13. Do you eat dinner regularly every day?

110 odpovedí



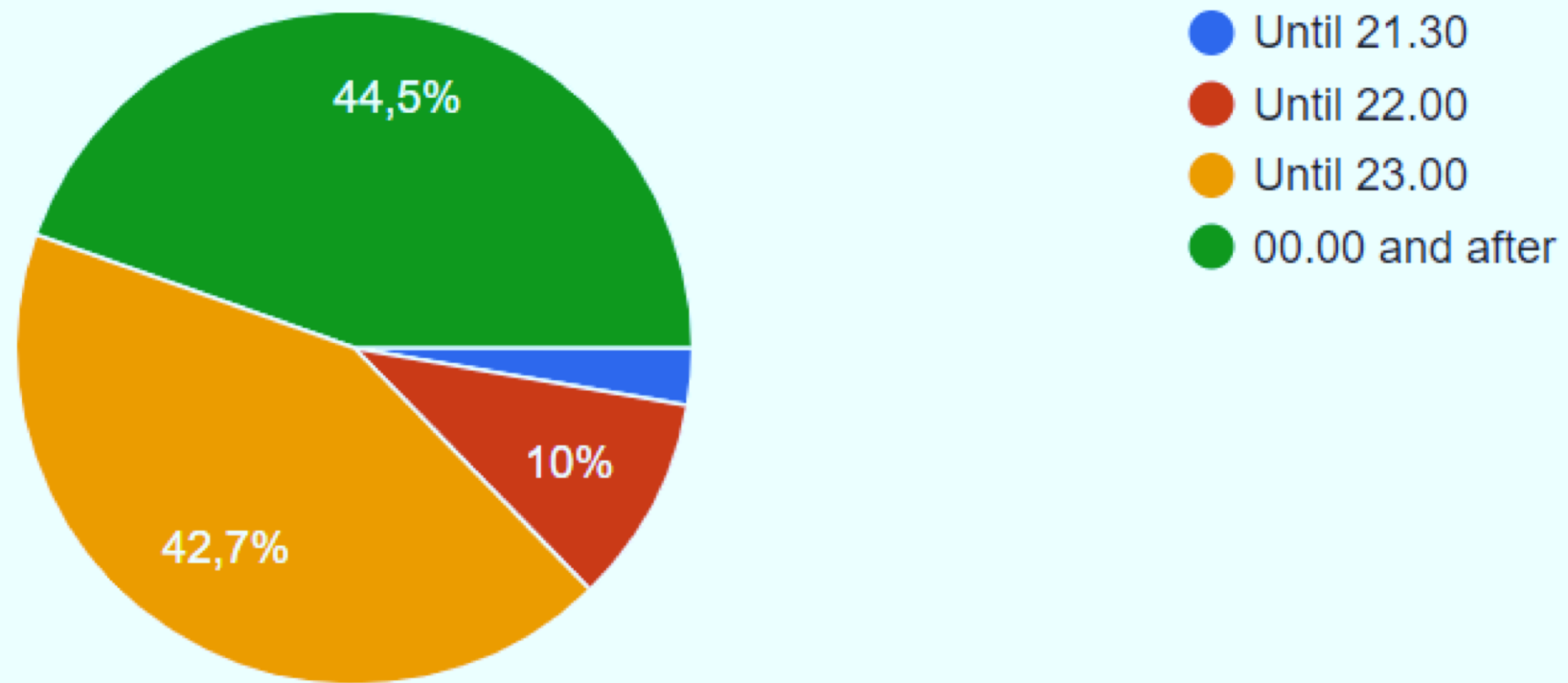
14. Where do you get information about Health and Nutrition?

110 odpovedí



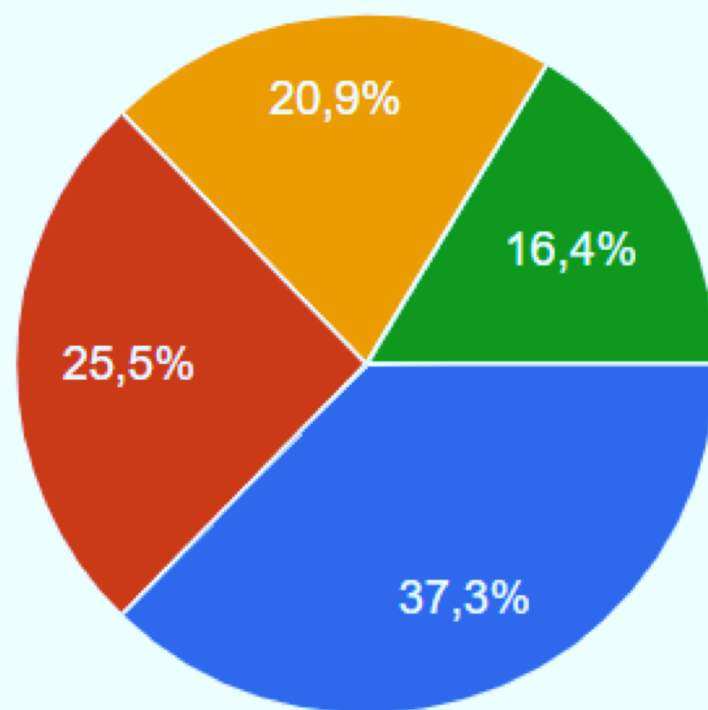
15. What time do you usually go to sleep every evening?

110 odpovedí



16. How many hours do you spend in front of TV on a weekday?

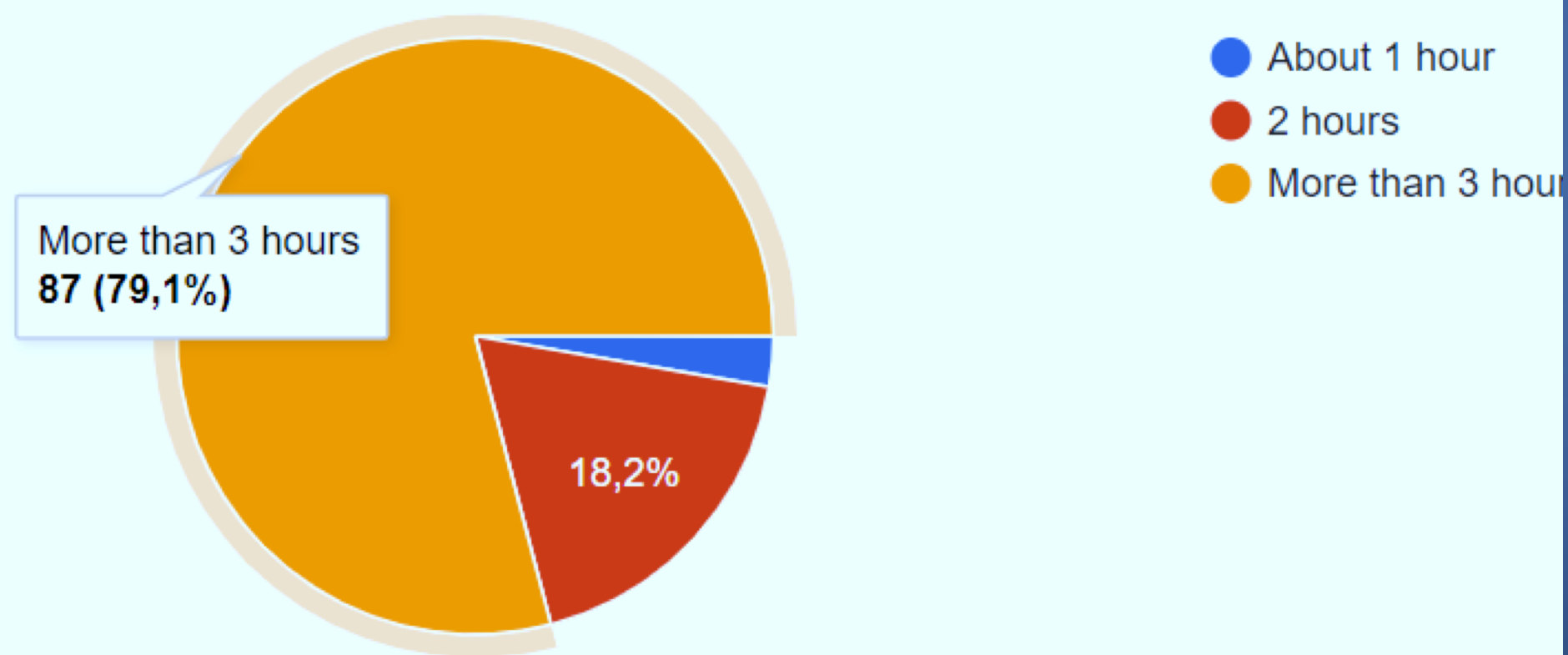
110 odpovedí



- None
- About 1 hour
- 2 hours
- More than 2 hours

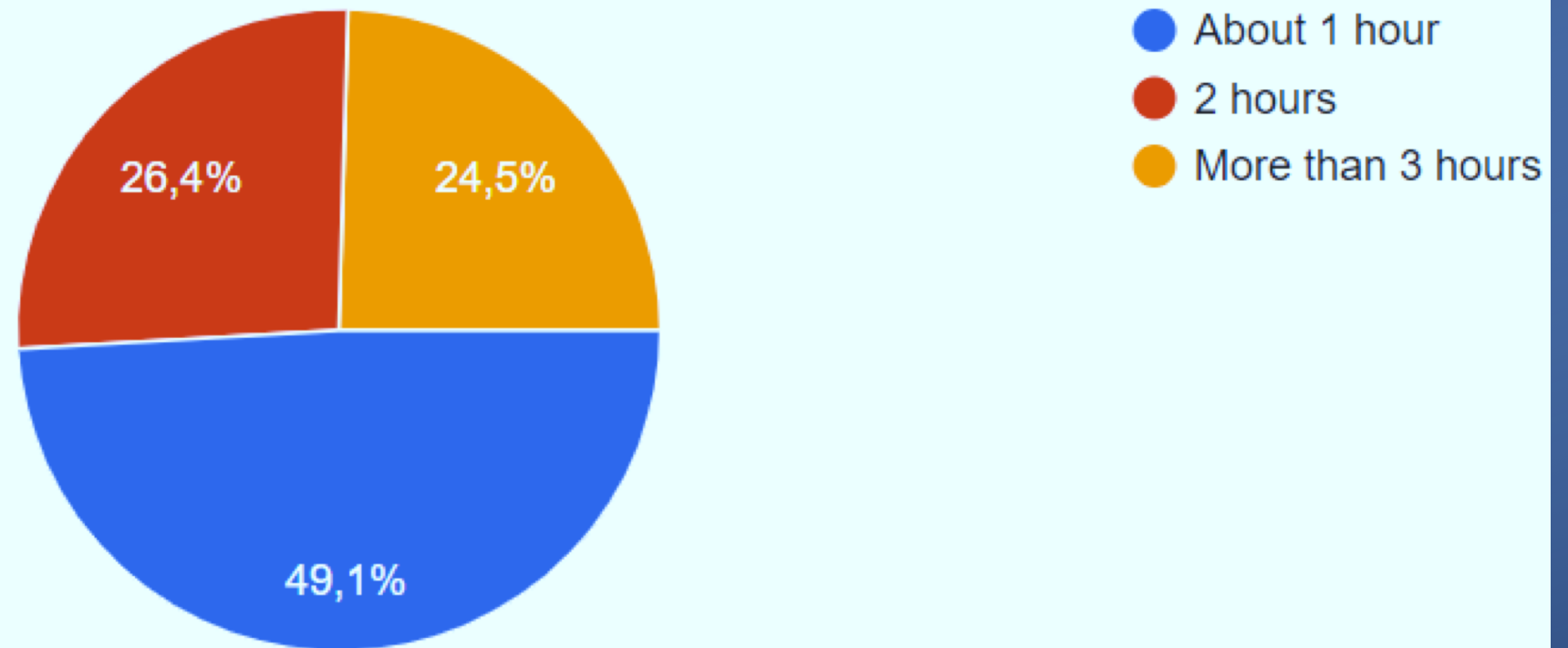
17. How much time do you spend online on a weekday?

110 odpovedí



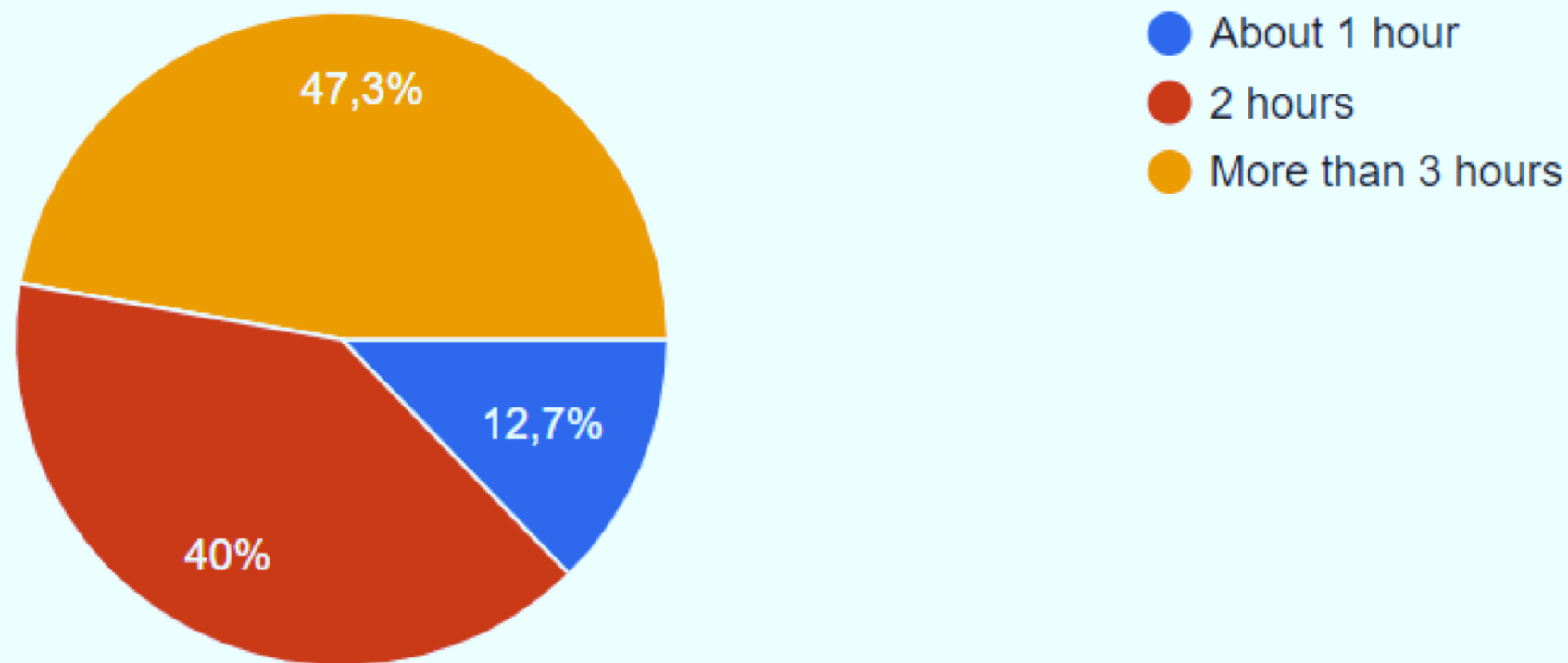
18. How many hours do you spend outdoors on a weekday?

110 odpovedí



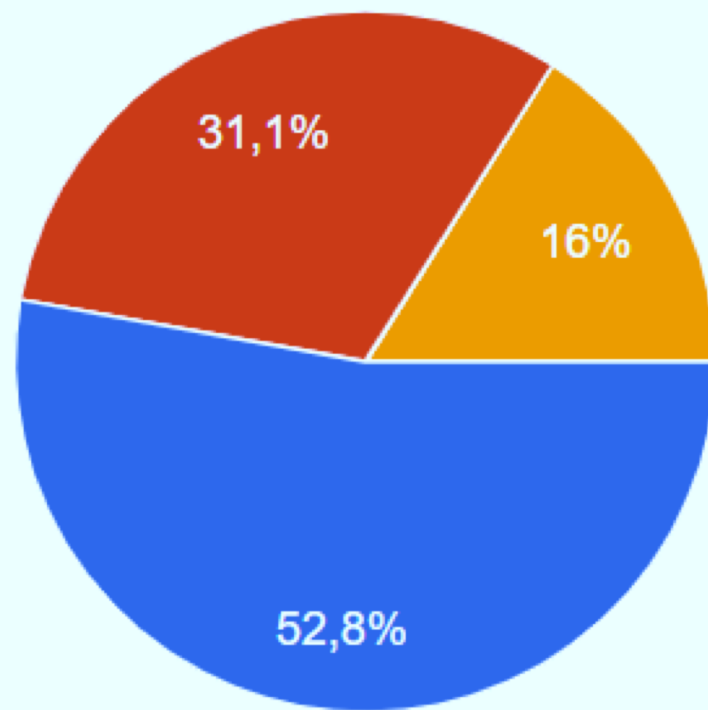
19. How much time do you spend studying school subjects on a weekday?

110 odpovedí



20. How much time do you spend in front of TV at the weekend?

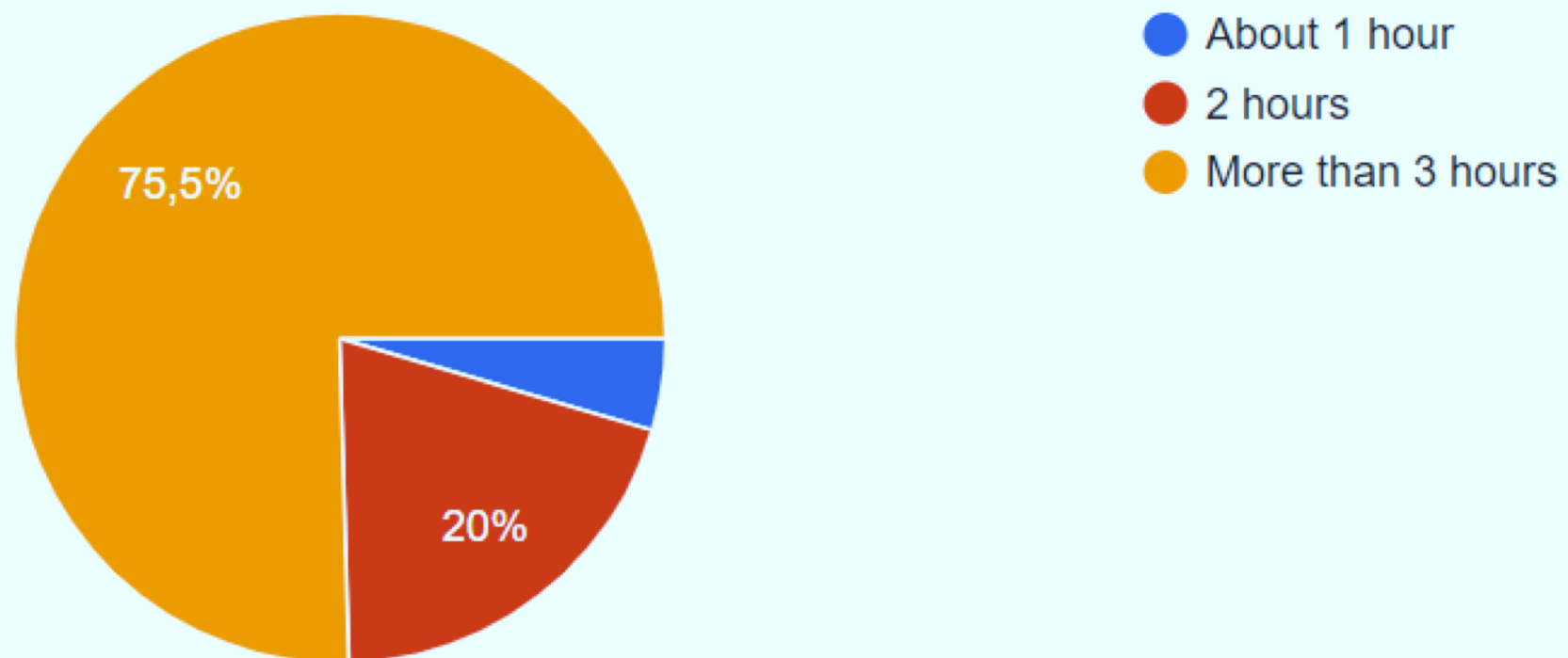
106 odpovedí



- About 1 hour
- 2 hours
- More than 3 hours

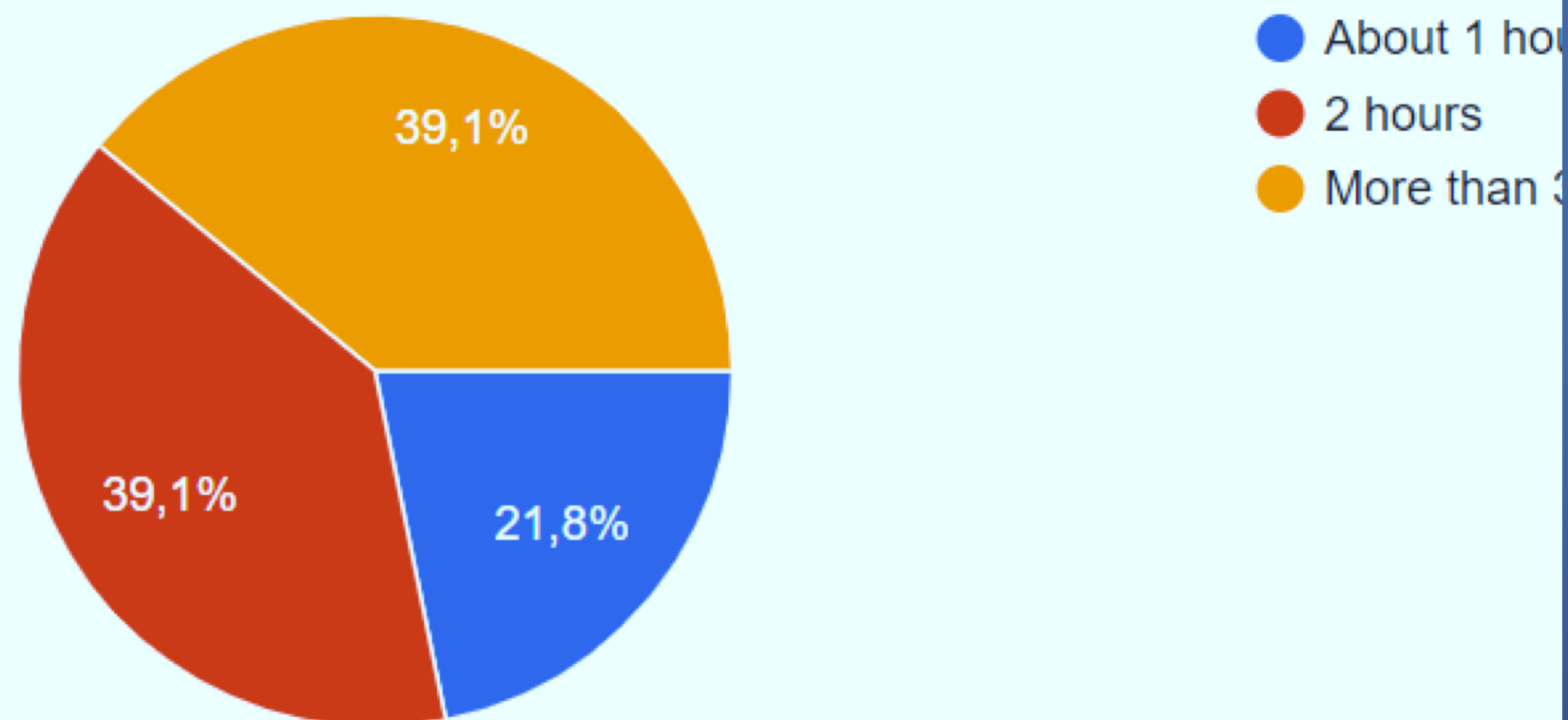
21. How much time do you spend online at the weekend?

110 odpovedí



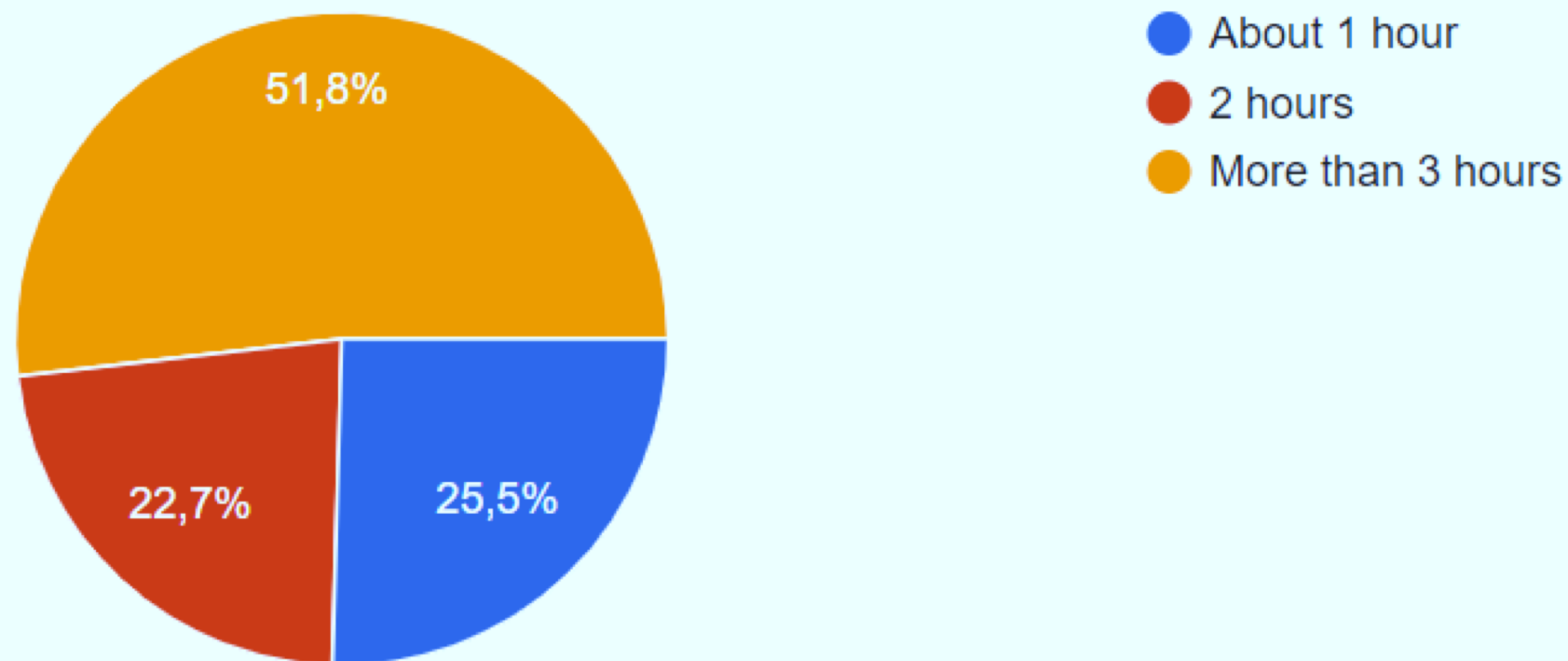
22. How much time do you spend outdoors at the weekend?

110 odpovedí



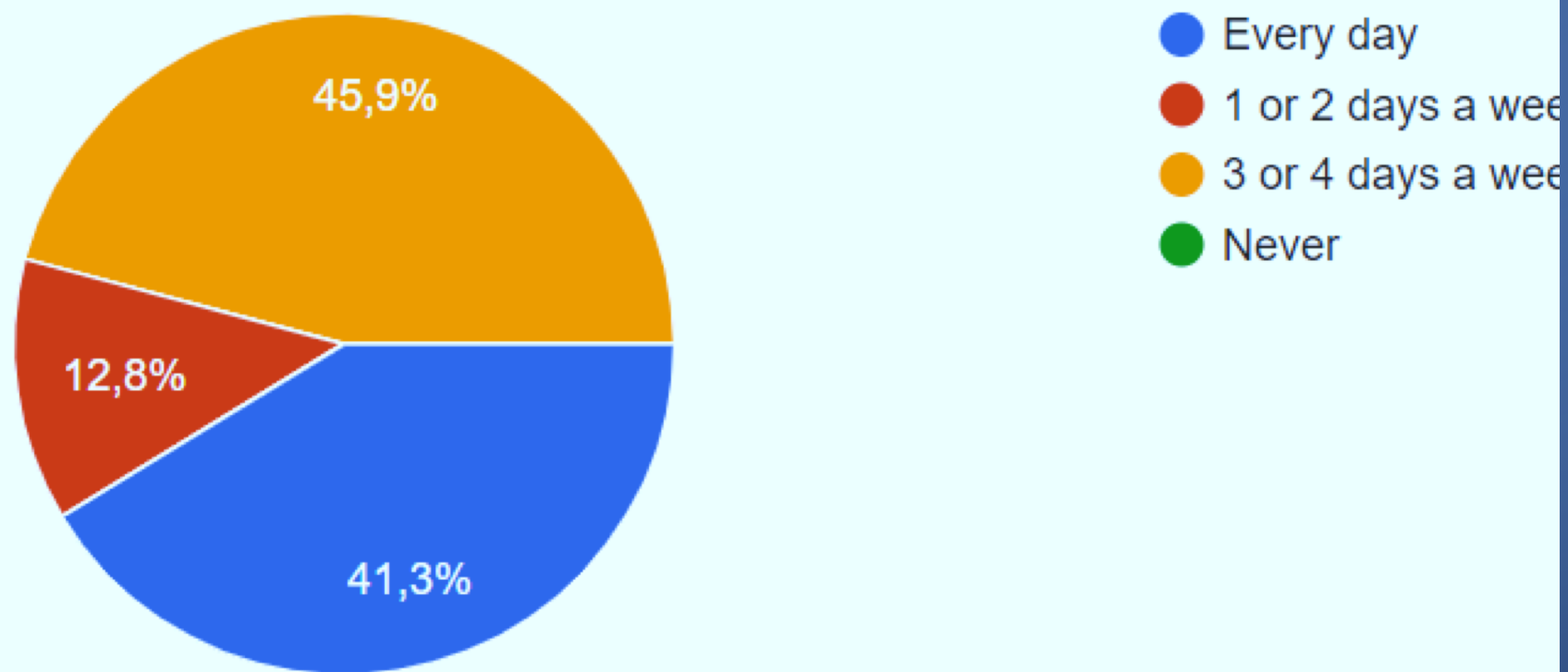
23. How much time do you spend studying school subjects at the weekend?

110 odpovedí



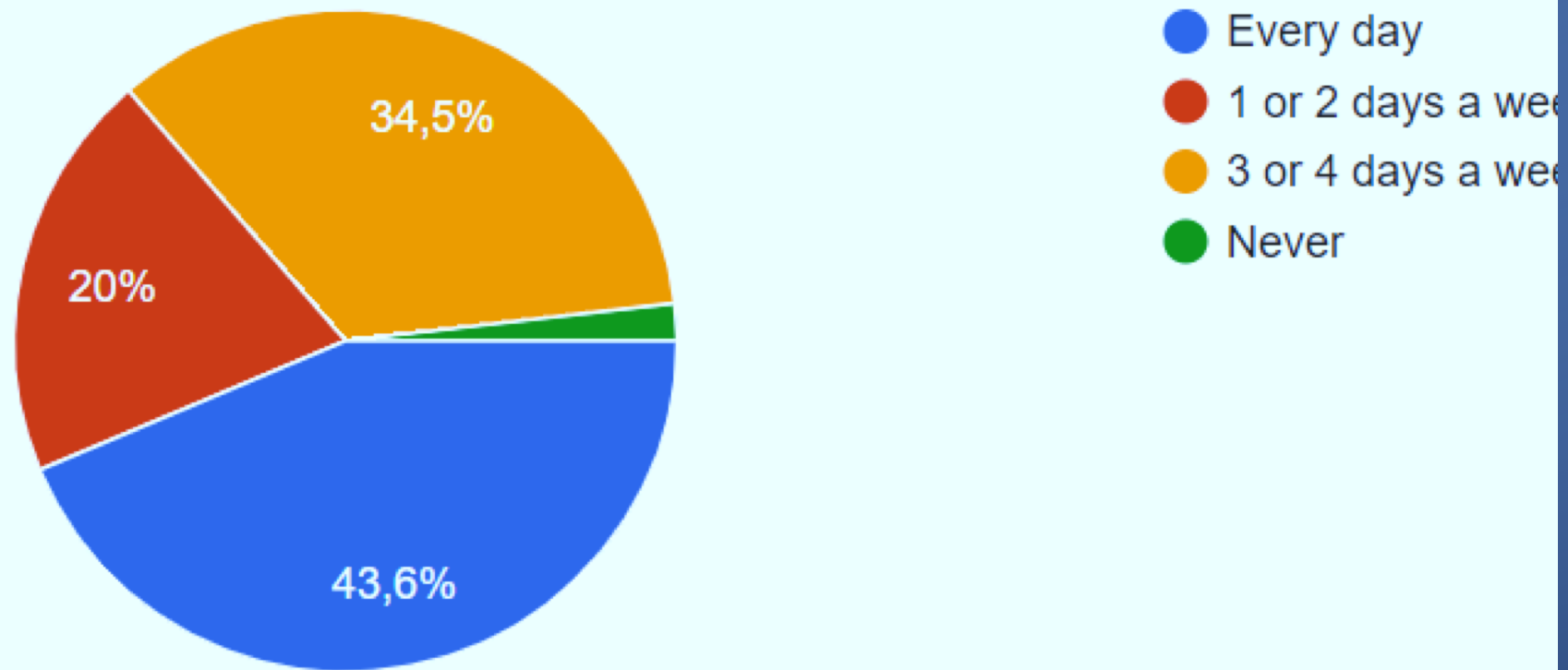
24. How often do you eat meat, eggs and legumes?

109 odpovedí



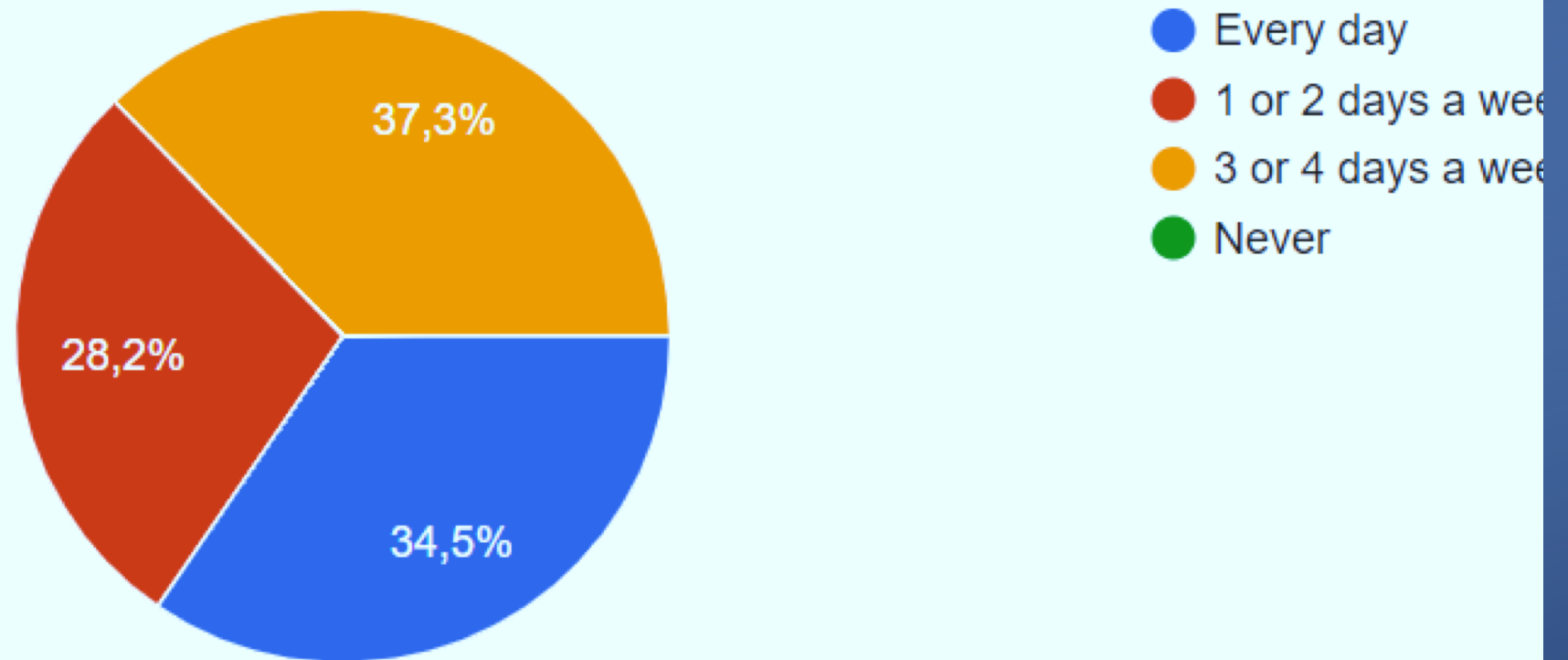
25. How often do you consume milk and milk products?

110 odpovedí



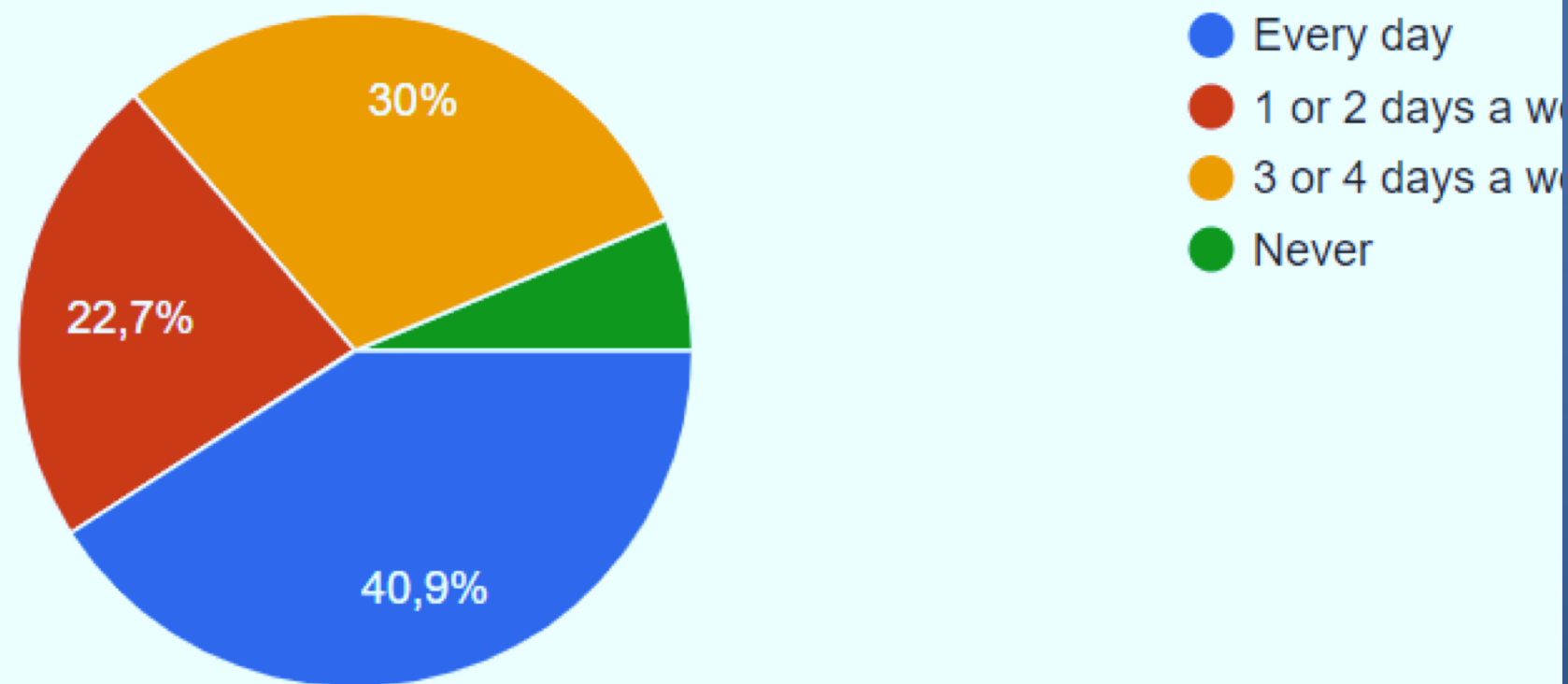
26. How often do you eat fresh vegetables and fruits?

110 odpovedí



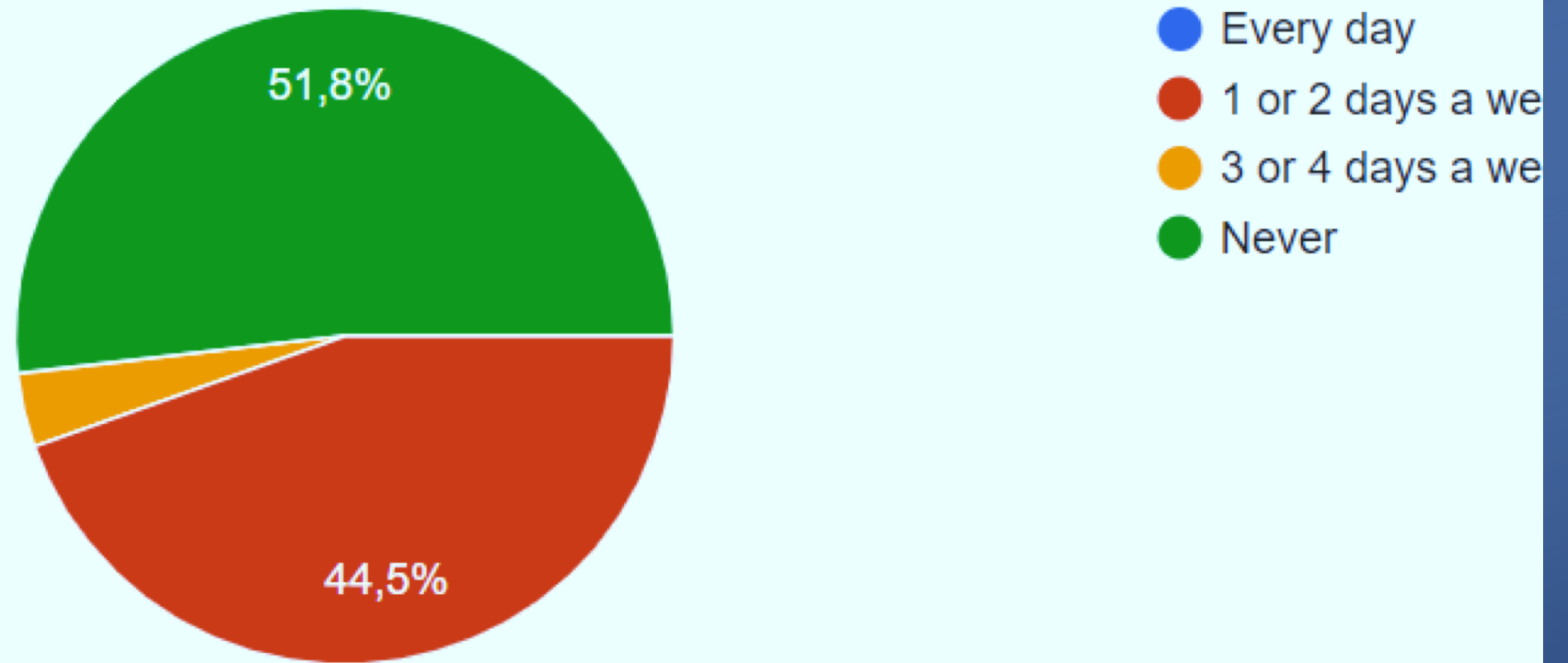
27. How often do you eat bread and cereal products?

110 odpovedí



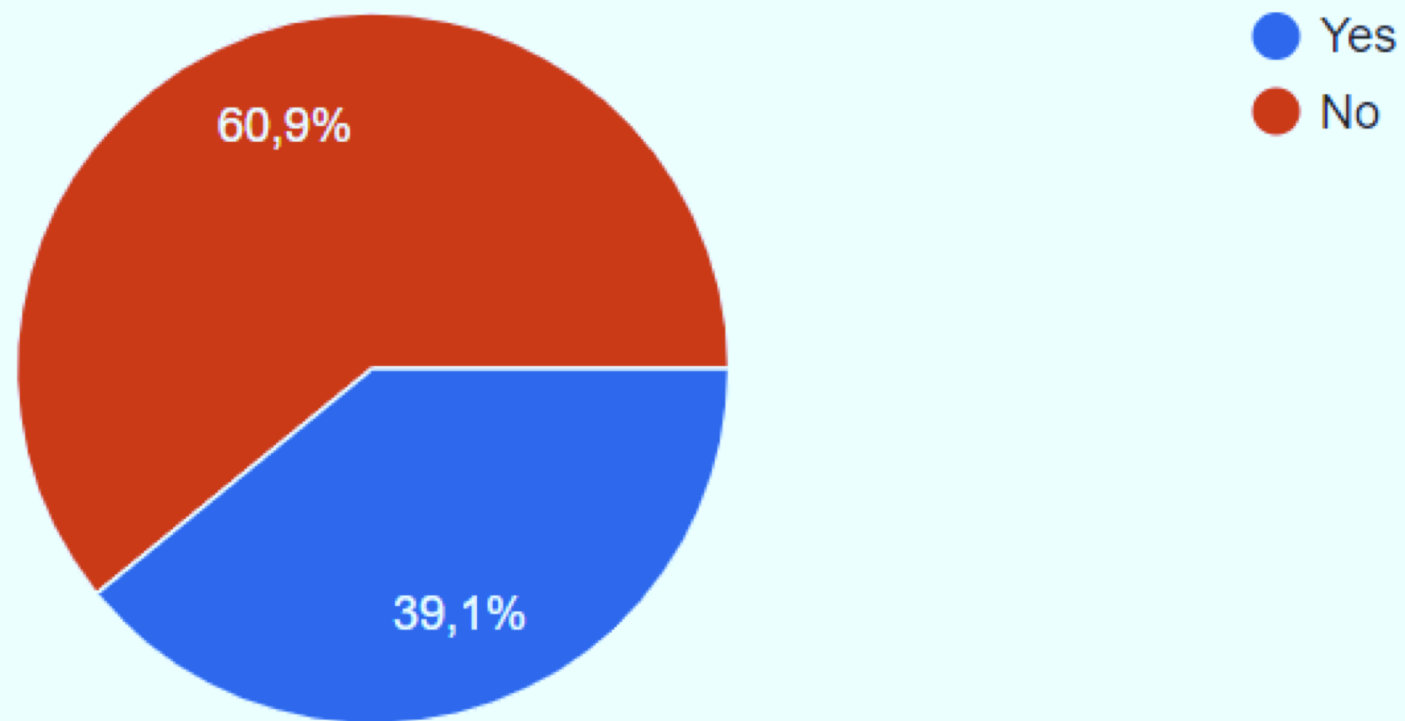
28. How often do you eat fastfood?

110 odpovedí



29. Do you use any mobile health apps?

110 odpovedí



30. Do you have regular health checks?

110 odpovedí

