



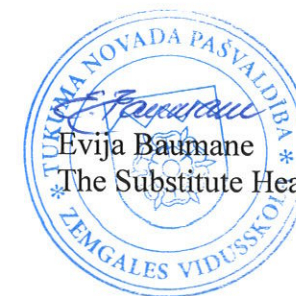
Erasmus+



**SCHEDULE OF THE ERASMUS+ PROJECT FiTTeR, HeaLTHieR, HaPPieR IN SLAMPE, LATVIA
17-21 OCTOBER, 2022**

Sunday	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Arrival	9:00-10:30	Opening ceremony	Workshop-Organic food	Workshop-Local herbs	Seminar-Equine therapy	Uploading website/twinspace/ social media platforms	Departure
	10:30-12:00	Tour of the school	Workshop-Cooking class	Workshop-Local herbs	Seminar-Equine therapy	Evaluation forms	
	12:00-13:00	Lunch	Lunch	Lunch	Lunch	Lunch	
	13:00-15:00	Workshop-Organic food	Workshop-Cooking class	Sports activities	Sports activities	Project results summary	
	15:00-18:00	Cultural visit	Cultural visit	Cultural visit	Cultural visit	Ceremony of certificate of attendance	

Laila Vēvere
Project Coordinator



Evija Baumanė
The Substitute Headmaster