





The 4th partners' meeting of
Erasmus+ project "Fitter Healthier Happier" 2020-1-FR01-KA229-079756\_4
Tradate (VA), Isiss Don L. Milani Italy 25 September - 01 October 2022

## C4 "Mediterrenean Diet/Sedentary life/Mobile Apss/Trekking" - visit plan

inday 25 September rival and welcoming the guests at the camping	Monday 26 September	Tuesday 27 September	Wednesday 28 September	Thursday 29 September		
Hotel	9.30-12.00:	9-18		morsoly 15 September	Friday 30 September	Saturday 1 October
/ Hotel	Opening ceremony		918	10.00 -18:30	8.30-19.00	Departure
	Opening ceremony	Activities in Toce Farm and trekking in the Park	Camping activities	200000	Visit to the city of Milan "Smart City" and	Departure
	tour of the school	near the camping	THE PROPERTY OF THE PROPERTY O	Trekking and visit Lake "Maggiore"	sustainability	
	, , , , , , , , , , , , , , , , , , , ,	III	workshops: - how to assemble a tent		2002-00/00/00/00/00/00/00/00/00/00/00/00/00/	
	Project activities in Isiss Don L. Milani school	II.	- now to assemble a tent	Visit to the Borromee Islands (Bella+Pescatori)		
	Tradate.	I .		(ferry)	Bosco Verticale Towers, Gae Aulenti Square	
	10-10 WARNS ST 6X	19,00 return to campsite	-volleyball tournment	(Jerry)		
	free lunch Liman pizzeria	The September 2019 of Carlot C			La Scala	
		) <b> </b>	-	Lunch at Superior Pescatori Island(Packed lunch	20 32313	
	15.30 - 17:30	A STATE OF THE STA	-game of bowls	for the students - Restaurant for the teachers)	2000 78 -2 00 -2 00	
	Workshop- Activities in Pinetina Park - Tradate	free dinner	- 25	Tour guided visit to Bella Palace	Vittorio Emanuele Gallery	
	orienting, classifying plants, vegetables		574 FM 744	and the second of the second o	TO 80" - LITTLE AND	
	g, cossyying pionis, vegetables		-swimming pool - lake	19.30 Pizza night at the camping and	1 m 2 m 1 m 2	
	18,00 return to campite	I.		Final Party	Milan Cathedral -Duomo	
	free dinner	l .		constructive term consequence valuetters - to a Machini transport record	1 .	
	22			cerimony of certificates of attendance	Free lunch	
		I .				
		l .		=	Tour of the interior of Milan Cathedral (Dome)	
		1			(free) or Corso Vittorio Emanuele -	
		1			Montenapoleone Street	
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		II.				
					Sforzesco Castle	
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				DIDICENTE COM AC	100	
		1		L DIRIGENTE SCOLAS	17,00 leaving Milan	
			TRADA	(Bott Vincones 1114-1	. 4	
			AN TO AN	Doll. Vincerizo Willa)	19.00 at the camping	
			COMUNCAS		15.00 de the cumping	
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